

Scam and ID Theft Resource Sheet

Stay informed by setting up scam alerts:

- Set up account alerts with your bank
- Sign up for VT-ALERT to get Vermont Scam Alerts: – <https://vem.vermont.gov/vtalert>
- Sign up for Scam Alerts with the Federal Trade Commission (FTC): <https://consumer.ftc.gov/scams> & to view the list of previous alerts.

Routinely review your credit and financial statements:

Checking your credit report isn't just for adults — teens can have identity theft issues, too. Get your FREE credit report from each of the three credit bureaus at: <https://www.annualcreditreport.com>

When funds or personal information are stolen:

Step 1: Contact Your Bank (Immediately!)

Call your bank's fraud department – The sooner you call, the better chance they can stop the damage.

Step 2: Report the Scam

Submit an FBI Crime Report (IC3) report at ic3.gov or call 1-800-CALL-FBI. The sooner, the better!

Our FBI partners have indicated that ANY scam or fraud is worthy of reporting, regardless of type or size.

Step 3: Protect Your Identity

If personal information was stolen, IdentityTheft.gov provides step-by-step guidance.

 And: Loop in a trusted adult or friend. You don't have to figure it out alone.

Where to Get Additional Vermont Support

VT Department of Financial Regulation: dfr.vermont.gov

File a complaint or seek help and other assistance.

VT Attorney General's Consumer Assistance Program: ago.vermont.gov/cap

Vermont's free and local resource for consumer help and scam prevention.

United Ways of Vermont: 2-1-1 Information and referral hotline

Your Local Police Department to report crimes

Additional Resources for Adult Victims of Fraud

Support Groups for Financial Fraud Victims:

Give an Hour peer support groups: <https://giveanhour.org/peersupport/>

AARP hosts online support groups for victims of cyber fraud: [AARP Fraud Watch Network Fraud Victim Support Group](https://aarp.org/fraudwatch). Note: membership to AARP is not required to receive this support.

Tax Support:

Vermont Legal Aid can help with tax issues: [Taxes | VTLawHelp.org](https://taxes.vtlawhelp.org) or 800-889-2047