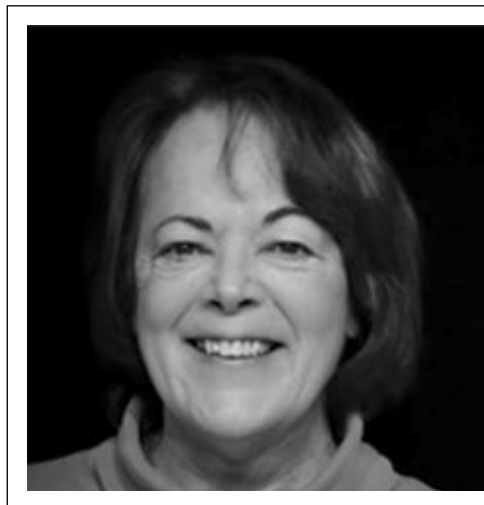


Improv Workshop with Christine Decker
Saturday, January 19, 2019
1:00 pm to 3:00 pm
Unitarian Universalist Meeting House
108 School Street, Bennington

Everyone is invited to an AAUW members-only event -- an afternoon of fun and theater activities.

Many of you saw Christine Decker in the role of Mary Tyrone in Eugene O'Neill's Long Day's Journey Into Night, our scholarship fundraiser for 2018. In the Improv Workshop on January 19, Christine will give us a window into a different side of her acting talent—her ability to do improv. Christine's workshop will include a demonstration of improv followed by guided activities that promise not only to introduce us to some techniques of improv, but also to explore ways improvisational skills can be used in work and daily living.

What is improv? It is an art, a form of theater, usually comedy, that is unscripted: the scene, plot, and dialogue is made up in the moment, created spontaneously by the actors. Improvisational techniques are often used extensively in drama programs to train actors for stage, film, and television and can also be an important part of the rehearsal process. Many people are familiar with television shows such as "Curb Your Enthusiasm" and "Who's Line is it, Anyway." These shows are examples of the art of improv.



Improv is also a tool. In business and education, it is used to develop the same communication skills, creative problem-solving techniques, and supportive teamwork abilities used by improvisational players. In psychotherapy, it is used to gain insight into a person's thoughts, feelings, and relationships.

We hope that many members will turn out for this high-fun, low-stress workshop. Our enthusiastic, experienced and friendly instructor, Christine Decker, will make sure that everyone who wants to participate is able to do so in a playful and trusting atmosphere.

Christine Decker is a Cambridge native, with over 35 years of experience throughout the United States as a professional actor, teacher, and improviser. She is well known by patrons of Oldcastle Theatre Company of Bennington where she teaches a course called Acting 101.

AAUW Calendar

Wednesday, January 9, 2019 at 1:00 pm

Scribble Sisters Meeting at the home of Wilma Johnson. Information: Suzanne Kirkpatrick at (cell) 314-496-5628 or suzykirkpa@gmail.com.

Wednesday, January 16, 2019 at 12:00 noon

Book Group Meeting at the Martha Canfield Library in Arlington. *Heart Spring Mountain* by Robin MacArthur. Information: Mary Feidner at 442-7845 or mfeidner@comcast.net.

Saturday, January 19, 2019 at 1:00 pm

Improv workshop with Oldcastle actress and drama teacher Christine Decker. Members-only event at the Unitarian Universalist Meeting House, 108 School Street, Bennington.

Wednesday, January 23, 2019 at 1:00 pm

Scribble Sisters Meeting. Information: Suzanne Kirkpatrick.

Monday, February 4, 2019 at 12:30 pm

First Monday Meeting at the Federated Church of East Arlington, 102 Ice Pond Road. Jennifer Schoerke, a former medical illustrator who was born with single sided deafness, will present an illustrated discussion of issues about hearing loss as we age. She will cover changes that occur in the brain and in cognitive functioning following hearing loss. She will also explain how hearing technology can offset these changes.

AAUW Calendar Continued

Wednesday, February 13, 2019 at 1:00 pm

Scribble Sisters Meeting. Information: Suzanne Kirkpatrick.

Wednesday, February 20, 2019 at 12:00 noon

Book Group Meeting at the Martha Canfield Library in Arlington. *The Cailiffs of Baghdad, Georgia* by Mary Helen Stefaniak. Information: Mary Feidner at 442-7845 or mfeidner@comcast.net.

Saturday, February 23, 2019 at 1:00 pm

Branch Meeting at the Unitarian Universalist Meeting House. Lisa MacDougall, owner of Mighty Food Farm, will talk about her pathway toward owning her own successful farm.

Wednesday, February 27, 2019 at 1:00 pm

Scribble Sisters Meeting. Information: Suzanne Kirkpatrick.